



The Desperate Bride's Diet Club

Alison Sherlock

[Download now](#)

[Read Online](#) 

The Desperate Bride's Diet Club

Alison Sherlock

The Desperate Bride's Diet Club Alison Sherlock

Violet Saunders is astounded when her boyfriend gets down on one knee and proposes. But at size 18-20, the thought of finding a wedding dress fills her with horror. What she needs is a miracle wedding day diet.

So when a leaflet advertising a new diet club - New You! - that drops through her letterbox, it seems like her prayers have been answered. But the club is run by the terrifying Trudie, who secretly despises her fat clients, while pretending to encourage them. Things go from bad to worse; everyone just gets fatter on the horrible New You! drink shakes. At work, Violet's half-Italian boss - a man with a lively sense of humour - looks on in amazement and finally persuades her to take a break from New You! and lunch with him at his family's delicatessen.

Inspired, she persuades her fellow dieters to form a new club, with secret weigh-ins at her house - while pretending to Trudie, of whom they are all petrified, that it is the New You! diet which is transforming them.

Fabulous Italian recipes gradually begin to work their magic, but can Violet the duckling really become Violet the swan in time for her wedding?

The Desperate Bride's Diet Club Details

Date : Published April 26th 2012 by Arrow (first published 2012)

ISBN : 9780099562368

Author : Alison Sherlock

Format : Paperback 426 pages

Genre : Womens Fiction, Chick Lit, Fiction, Romance, Contemporary, Food and Drink, Diets

 [Download The Desperate Bride's Diet Club ...pdf](#)

 [Read Online The Desperate Bride's Diet Club ...pdf](#)

Download and Read Free Online The Desperate Bride's Diet Club Alison Sherlock

From Reader Review The Desperate Bride's Diet Club for online ebook

Kat says

This is the first book by Alison Sherlock, and if I didn't know that I'd think this was an author who'd be writing books for some time. I love books about clubs and friendship, so this had me hooked from page one because it had two of the best elements. I was rooting for violet to get rid of the horrible Sebastian but you'll have to read this to find out what she does. Loved this from start to finish. Cannot wait for The Desperate Wife's Survival Plan out May 2013.

Allie says

Love, love, LOVED this.

Violet is dreading her wedding day, at size 20 she is desperately worried at looking fat. Dieting club New You offers a solution but things don't go to plan. She finds it is time for a real change so with the help of some new friends and a sprinkling of Italian inspiration, she is determined to change her life for the better. Lovely story, nice characters and a great ending, funny and moving in turns. A really positive tale about self worth and real friendship. The main figure of Violet was inspiring - and despite a couple of hugely embarrassing scenes with Mark, does she finally got it together with Mr Right?

Liked the age range mix of the main characters as well as the fact that there was also a man trying to lose weight. Short chapters meant I read this easily in a couple of days. For anyone who has tried to diet, this will strike a chord!!!

Really looking forward to the next book by this author.....hopefully this was the first of many.

Pat Appleby says

Such a gentle read - loved it!

This was so much better than I thought it would be. If you have ever been on a diet you will emphasise with these ladies. I wasn't expecting to - thought it would be usual twee nonsense - but I loved it. Read in one long sitting - says it all. Recommended

Christine Harris says

Really enjoyed addictive read - easy to pick up and put down and so easy to identify with!

Samantha Tonge says

What a page-turner, i could hardly put this book down. Whilst the characters start off as fairly unappealing, the author has a knack of making them tug your heartstrings, because of their personal circumstances, and before long they have become like good friends you are rooting for. A great read with mouthwatering descriptions of Italian food - and a very appealing hero!

yvonne doolin says

Loved this book from start to finish. You can easily identify with the characters with there weight loss and there daily struggle. A great read.

Angela says

This was a really enjoyable book. I liked the main characters and thought they were well written, and it's surprising how their perspectives changed as they lost weight. I don't think it would be such a confidence booster in real life but who can say for sure without the experience, I mean typically you don't get over mental and emotional baggage that quickly. I'm honestly surprised by how long it took Violet to change her mind about Sebastian, I mean what makes a person so desperate they they'd stick with a guy like that just so they would have somebody? I liked how the book ended and we got to see Trudie get her comeuppance, she was a horrible person for someone who had her job.

Claire says

Very light hearted and entertaining, and so true in many aspects of dieting.

Novella Semplici says

Carino ma nulla di più. Scorrevole,ironico, garbato. Storia d'amore un po' banale e scontata, però. Un libro discreto da leggere senza troppo impegno.

carol hammond says

Brilliant read

Couldn't put down. Related to story .Had me sitting reading well into the night. Would highly recommend this book had some great comedy lines that made me laugh.

C Craig-Gilby says

Loved this book... I wonder has she ever been fat? I think so...Proper page turner...her books are like being with a friend

I really enjoyed this book and love the writing style ..so easy to read but hard to put down

Can't Wait to read another

Lynda says

Couldn't put this book down

What a wonderful book ! Not just a love story, but a story of true life. So many colourful characters all blended together to make this rollercoaster of a book.

Hope you enjoy it as much as I did

Audrey says

I adored this book from start to finish. From the outset I was cheering along shy and introverted Violet as she battled her dieting demons, and booing her husband-to-be Sebastian and his secret agenda. The author introduces a delightful cast of characters – all desperate to lose weight for varying reasons – and brought together at a diet club run by the hideous Trudie. Yes, she verges on caricature but her snide comments (both voiced and inside her head) were painfully believable. Yes, it's not hard to work out where it's going but it's deliciously good fun getting there. I don't believe this story claims that you can only be happy if you're thin. The message – for me – is being true to yourself and making the most of life. A fabulous, fun-filled (and calorie-free) read.

Kirsty says

This is the first of this author's books for me. I was attracted to it as I was soon to be a bride and wanted to lose some weight.

I occasionally indulge in a bit of chick-lit and found this to be an enjoyable read. The main characters were very likeable and the story although a little predictable kept me turning the pages.

A light easy read and an author I would revisit.

mrs teresa abba says

Fantastic read

For anyone who's battled weigh issues

Uplifting and emotional

Relatable characters

Didn't want it to end , highly recommend .
