



Pearls of Power: Decluttering Your Mind, Body & Soul

Andrea Bruchwitz

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GET RID OF THE CLUTTER, AND THROW EVERYTHING AWAY THAT HOLDS YOU BACK.

You have limited capacities of time, money and energy. Use them wisely for everything you really care about.

Andrea Bruchwitz reveals (in four simple steps) how to clear out your home – and your body, mind & soul! Throughout these pages, you will find positive minimalism at all levels: from the outside to the inside, from your cramped closet into the depths of your heart. This easy read provides a highly refreshing way to surround yourself only with people, things and life situations that are truly beneficial and healthy.

Pearls of Power: Decluttering Your Mind, Body & Soul Details

Date : Published May 21st 2018

ISBN :

Author : Andrea Bruchwitz

Format : Kindle Edition

Genre :

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From Reader Review Pearls of Power: Decluttering Your Mind, Body & Soul for online ebook

Amileigh Gordon says

#GoodreadsGiveaway

Lauri says

This book was an easy read with some practical advice. I didn't find many useful tips for myself in many of her "pearls", although I likes her approach to a good attitude.

Michelle says

LOVE this book! Will be trying to implement this into my life! I will recommend everyone to read this!

Amber Machado says

Great ideals to work on incorporating into my daily life, definitely a good read!

Lexxi says

The book wasn't bad, but I didn't find anything new or novel in it. She talks about cleaning out things that aren't important to you and it's very similar to Marie Kondo's suggestions (who the author repeatedly references). I started skimming through it after the first chapter. I didn't really find anything new or unique compared to Peter Walsh's books or Kondo's book.
